

# NEW DAY NEWS

JUNE 2022

CENTER HOURS ARE 7:00 AM TO 5:00 PM

## Mark Your June Calendar

**20th, 21st, and 22nd - NO UPK**

**23rd and 24th - CENTER CLOSED  
Preparation for Summer Program**

**27th - Start of Summer Program**

## New Day Family News

The Young family welcomed Malia Rae on April 27th. Malia weighed 6 pounds, 9 ounces and joins her sister Hannah (UPK 3). Congratulations!

## Meet the New Day Staff

### Cindy Lawton - UPK 3 Teacher

This is my first year working at New Day and I have enjoyed every moment of it. Before beginning my journey at New Day, I worked hard to obtain a Master's Degree in Curriculum and Instruction, after earning a Bachelor's degree in Early Childhood Education, teaching birth through second grade. Canton Daycare was my first teaching position, where I taught in a toddler room. I then moved on to the Headstart in the Brushton-Moira Central School district where I taught three and four year olds. I am currently working in the UPK 3 classroom teaching a Creative Curriculum, where the children learn through play. This curriculum helps children build confidence in themselves, which allows them to be creative and develop skills for the future.

When not in a classroom, I enjoy spending time with my family. We like to explore, go on adventures, and make as many memories as we can.

## Warm Weather

Please make sure your child has the following:

- Sunscreen
- Water Bottle
- Shorts and t-shirts and sneakers

## Back-Up Plan

It is important to have a back-up plan in place if the situation should arise where your child must be out of childcare. Whether it be for illness, classroom closures, or other situations, it is your responsibility as the parents to have a family member, friend, or neighbor lined up to assist you so you can still fulfill work duties.

## Notice

Please refrain from allowing your child to bring food into the Center at morning drop-off. If they need to eat something, please have them finish or leave it in the car. Breakfast is served at 8:00 AM in most classrooms. The other children do not understand why they have it and they get upset. Thank you for your understanding.

## Pre-K Graduation

**UPK 4**

Friday June 17th at 3:30

**4 Year Old**

Wednesday, June 22nd at 3:30

**Both graduations will be held in Wesley Hall of the Asbury Church.**

# Spending Time Outdoors with Your Child

**Add a short walk to your evening routine.** After dinner and dishes, hit the pavement. Look up at the stars, keep an ear out for sounds of the night, tell a story about when you were young, and listen while your child tells you about his or her day.

**Plant, tend, and harvest flowers or vegetables.** You can plant seeds or plants in a container (pot, window box, bucket, or even a trash can) in your yard or a neighborhood garden plot. Your preschooler will enjoy digging, weeding, and watching the plants flourish. You could grow salad—cherry tomatoes, cucumbers, and lettuce—or plant flowers that grow to different heights, like marigolds and sunflowers.

**Enjoy all kinds of weather.** Try to go outdoors, regardless of weather conditions. Plan short activities when it is very cold or hot; enjoy more outside time when the weather is fine. Preschoolers love walking in the rain; just be sure to wear waterproof boots and hooded raincoats. Layers are important on cold days—as you get warmer you can take off a jacket, hat, or mittens. In summertime be sure everyone wears a sun hat and sunscreen and drinks plenty of water.



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Tell us about the fun and learning you and your child enjoy outdoors.  
We will share your ideas with our classroom community.

Our class goes outdoors as often as possible. The children run, swing, climb, ride trikes, pull wagons, go for walks, and kick and throw balls. They also do many of the activities we enjoy inside, like reading, painting, doing puzzles, eating snack, and making music. We believe that almost anything children do indoors can be an outdoor activity too. Family time outdoors benefits children and parents.

**Play games.** Share the games you played when you were a child, like hopscotch, jacks, Simon Says, and charades. Play board games on a picnic table or blanket. Introduce skills preschoolers will one day use to play sports, such as kicking or dribbling a ball or hitting a foam ball back and forth using light rackets.

**Enjoy the nature all around you.** Whether they live on farms or in apartments, children need experiences in the natural world. Point out the nature all around you—new leaves on trees in the spring, bugs living under a rock or in a decaying tree stump, birds flying from bush to bush. Go strawberry or apple picking or visit a park, nature center, or farmers' market. Bring along nature guides, paper, crayons, measuring tools, containers, a magnifying glass, and binoculars so you can help your child become an enthusiastic nature investigator.



**A message from your child's teacher**