

JANUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2. B: Krispie Rice Cereal, Banana, Milk L: WG Macaroni and Cheese, Beets, Apple, Milk S: Ritz Crackers, Cream Cheese, Milk	3. B: Wheat Chex Cereal, Orange Juice, Milk L: Turkey, Cheese, WG Roll, Carrots, Banana, Milk S: Animal Crackers, Milk	4. B: WG Bagels, Banana, Milk L: Pulled Pork, Potatoes, WG Bread, Orange, Milk S: Sun Butter, Apple, Raisins, Graham Crackers, Water	5. B: Life Cereal, Grape Juice, Milk L: Chicken Patties, WG Roll, Green Beans, Mixed Fruit, Milk S: Saltine Crackers, Celery, Carrots, Dip, Milk	6. B: WG English Muffin, Peaches, Milk L: Sun Butter Sandwich on WG Bread, Peppers, Apple, Milk S: Saltine Crackers, Cheese, Water
9. B: Wheaties Cereal, Banana, Milk L: WG Goulash, Broccoli, Apple, Milk S: Ritz Crackers, Sun Butter, Milk	10. B: Raisin Toast, Apple Juice, Milk L: Salami, Cheese, WG Pita, Carrots, Banana, Milk S: Pretzels, Dip, Milk	11. B: Krispie Rice Cereal, Mandarin Oranges, Milk L: Pizza Burgers, Corn, Orange, Milk S: Gold Fish Crackers, Milk	12. B: Yogurt, Granola, Peaches, Milk L: Sun Butter Sandwich on WG Bread, Cucumbers, Pears, Milk S: Oyster Cracker Mix, Milk	13. B: WG Bagels, Orange Juice, Milk L: Hot Dogs, WG Roll, Baked Beans, Apple, Milk S: Assorted Crackers, Cheese, Water
16. Center Closed For Staff Training and Development	17. B: WG English Muffin, Egg, Pineapple Juice, Milk L: Ham, Cheese, WW Burrito Shell, Carrots, Apple, Milk S: Ritz Crackers, Sun Butter, Milk	18. B: Toasteos Cereal, Pears, Milk L: Turkey Gravy, Mashed Potatoes, WG Bread, Jello with Fruit, Milk S: Saltine Crackers, Jelly, Milk	19. B: Oatmeal, Peaches, Milk L: Meatballs, WG Sub Roll, Corn, Apples, Milk S: Oyster Cracker Mix, Milk	20. B: Raisin Toast, Grape Juice, Milk L: Sun Butter Sandwich on WG Bread, Carrots, Mixed Fruit, Milk S: Assorted Crackers, Cheese, Water
23. B: Rice Chex Cereal, Banana, Milk L: Shepherd's Pie, WG Bread, Apple, Milk S: Corn Muffins, Milk	24. B: WG English Muffin, Apple Juice, Milk L: Ham, Cheese, WG Burrito Shell, Corn, Banana, Milk S: Saltine Crackers, Sun Butter, Milk	25. B: Wheaties Cereal, Banana, Milk L: Hot Dogs, WG Roll, Tater Tots, Jello with Fruit, Milk S: Pretzels, Dip, Milk	26. B: Life Cereal, Peaches, Milk L: Hamburger Ravioli, Corn, Orange, Milk S: WG Animal Crackers, Applesauce, Water	27. B: WG Bagel, Orange Juice, Milk L: Sun Butter Sandwich on WG Bread, Cheese, Cucumbers, Apple, Milk S: Assorted Crackers, Cheese, Water
30. B: Krispie Rice Cereal, Banana, Milk L: Chicken Spaghetti, Green Beans, Apple, Milk S: Ritz Crackers, Cream Cheese, Milk	31. B: WG English Muffin, Apple Juice, Milk L: Turkey, Cheese, WG Roll, Cucumbers, Banana, Milk S: Gold Fish Crackers, Milk		MENU KEY: WW: Whole Wheat WG: Whole Grain	**Whole Milk for children under 2 and 1% Milk for children over 2 or 100% Juice. Water is provided and available upon request.