



October 2017

New Day Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>B: Life Cereal, Orange Juice, Milk L: Spanish Rice, Green Beans, Banana, Milk S: Goldfish Crackers, Milk</p>	<p>3</p> <p>B: Kix Cereal, Pears, Milk L: Chicken, Biscuit, Spinach, Apple, Milk S: Cheddar Crisps, Milk</p>	<p>4</p> <p>B: English Muffin, Grape Juice, Milk L: Cheese Lasagna, Broccoli, Oranges, Milk S: Apples, Animal Crackers</p>	<p>5</p> <p>B: Oatmeal, Peaches, Milk L: Pasta Salad w/ Meat, Cheese, Cucumbers, Apple, Milk S: Molasses Cookie, Milk</p>	<p>6</p> <p>B: Raisin Toast, Applesauce, Milk S: Ham Salad Sandwich, Carrots, Dip, Mixed Fruit, Milk S: Saltines, Wow Butter, Milk</p>
<p>9</p> <p>B: Bagels, Mandarin Oranges, Milk L: Macaroni & Cheese, Beets, Banana, Milk S: Pretzels, Dip, Milk</p>	<p>10</p> <p>B: Cream of Wheat, Pineapple Juice, Milk L: Egg Salad Sandwich, Peppers, Apple, Milk S: Vanilla Nonfat Yogurt, Strawberries</p>	<p>11</p> <p>B: Chex Cereal, Banana, Milk L: Meatloaf, Roasted Vegetables, Roll, Orange, Milk S: Rice Cake, Wow Butter, Milk</p>	<p>12</p> <p>B: Cinnamon Toast, Oranges, Milk L: Bean & Cheese Burrito, Corn, Apricots, Milk S: Oyster Cracker Mix, Milk</p>	<p>13</p> <p>B: Special K, Orange Juice, Milk L: Wow Butter & Jelly Sandwich, Cheese Stick, Carrot Sticks, Apple, Milk S: Fig Newtons, Milk</p>
<p>16</p> <p>B: Oatmeal, Grape Juice, Milk L: Ham & Cheese on a Roll, Cherry Tomatoes, Orange, Milk S: Veggie Stix, Milk</p>	<p>17</p> <p>B: Bagel, Banana, Milk L: Chicken Fajita, Rice, Veggie Stir Fry, Peaches, Milk S: Ritz Crackers, Apple Jelly, Milk</p>	<p>18</p> <p>B: English Muffin, Applesauce, Milk L: Chili w/ Beans & Beef, Cornbread, Pineapple, Milk S: Peppers & Dip, Milk</p>	<p>19</p> <p>B: Kix Cereal, Pears, Milk L: Hot Dog on a Roll, French Fries, Apple, Milk S: Oatmeal Cookie, Milk</p>	<p>20</p> <p>B: Life Cereal, Grape Juice, Milk L: Chicken Spaghetti, Green Beans, Mixed Fruit, Milk S: Pretzels, Milk</p>
<p>23</p> <p>B: English Muffin, Pineapple, Milk L: Shepard's Pie w/ Beef & Vegetables, Roll, Banana, Milk S: Vanilla Non Fat Yogurt, Animal Crackers</p>	<p>24</p> <p>B: Raisin Bran, Banana, Milk L: Turkey & Cheese Pita, Cucumbers, Jello w/Fruit, Milk S: No Bake Cookie, Milk</p>	<p>25</p> <p>B: Bagel w/ Jelly, Orange Juice, Milk L: Chicken Divan, Brown Rice, Broccoli, Apple, Milk S: Graham Crackers, Milk</p>	<p>26</p> <p>B: Life Cereal, Pears, Milk L: Tuna Sandwich, Peppers, Peaches, Milk S: Cheese Stick, Saltines</p>	<p>27</p> <p>B: Cream of Wheat, Blueberries, Milk L: Rosemary's Soup w/ Beef, Cheese Stick, Whole Wheat Roll, Apple, Milk S: Oyster Crackers, Milk</p>
<p>30.</p> <p>B: Cornflakes, Orange, Milk L: Cheese Pizza, Green Beans, Apple , Milk S: Pretzels, Dip , Milk</p>	<p>31.</p> <p>B: Oatmeal, Blueberries, Milk L: Ghoulash, Tossed Salad, Banana, Milk S: Halloween Cookie, Milk</p>			